# Introduction to Developmental Psychology

Fall 2021, MWF 1:00-1:50 MWF

**Instructor**: Erica Weisgram, Ph.D.

Office: Science D235

Office Hours: MW 11-12, or by appointment

https://wisconsin-edu.zoom.us/j/9847901005?pwd=Vml6UEFkNS82bkQzUkdldng1VmVyUT09

Meeting ID: 984 790 1005

Passcode: 3462883 **E-mail:** eweisgra@uwsp.edu

Text: Santrock, J. W. (2020). A Topical Approach to Lifespan Development (10th Ed.). McGraw

Hill: Boston. (available through text rental)

Course Website: Canvas (canvas.uwsp.edu)

## **UWSP GEP Social Science Learning Outcomes**

This course meets the General Education Program Investigative Level Social Science requirement for undergraduate students. The GEP Social Science Learning Outcomes are as follows:

- •Define the major concepts and methods used by social scientists to investigate, to analyze, or to predict human or group behavior.
- Explain the major principles, models, and issues under investigation by the social sciences.
- •Examine how the individual or groups of individuals are influenced by social, cultural, or political institutions both in their own culture and in other cultures.

# **Specific Course Objectives**

The goal of this course is to provide students with a general understanding of developmental psychology from conception to death. By examining physical, cognitive, and social development, students will learn how individuals change over time. In addition, this course is to provide students with an understanding of research methods in developmental psychology. By studying experimental design as well as examining research in the field of developmental psychology, students will gain an understanding of the scientific study of developmental psychology.

At the conclusion of this semester, students will be able to:

- identify and describe major terms and concepts in developmental psychology.
- describe the methods that psychologists use to study the development of children, adolescents, and adults
- describe and explain the major theories of developmental psychology.
- describe how individual development is influenced by biological, cognitive, and social-cultural factors.
- apply theories of developmental psychology to real life examples in class, in the media, and in their own lives.
- evaluate the strengths and weaknesses of major theories in developmental psychology.
- think critically about current research and topics in developmental psychology.

## **Course Requirements**

200 pts. Exams (Multiple Choice and Essay)

100 pts. Chapter Quizzes (10 quizzes x 10 pts each)

50 pts. Writing Assignments (2 assignments x 25 pts each)

Chapter Quizzes. Chapter quizzes will occur throughout the term. These chapter quizzes will consist of 10 multiple choice questions. Each student will have TWO attempts to complete each quiz and the highest score will be recorded. Questions are randomly generated for each attempt (and each student) and thus you may not have the same questions in both attempts. There are 13 quizzes available throughout the course; the 10 highest scoring quizzes will be recorded. Given the already generous opportunities of having multiple attempts and THREE "freebies," students will not have the opportunity to make up quizzes after the deadline has passed. I recommend students take as many quizzes as possible and save one's "freebies" for any emergencies that may arise (i.e., computer crashes, family emergencies, illness, etc). These cannot be made up after the deadline has passed.

Exams. There will be four exams given throughout the semester with the last exam taking place during finals week. All exams will cover material presented in lecture, films, and the textbook. The first three exams will be both multiple choice (40 pts.) and essay (10 pts.) in nature. The final exam will be entirely multiple choice. If a student is unable to take the exam on the scheduled date for a University-Approved Reason (with documentation or notice from the Dean of Students office), arrangements may be made beforehand to take a make-up the exam at another time. All No Shows (students who do not notify the instructor of an absence before the exam) who do not have documentation of illness or accident will receive a 0 on the exam and will not be allowed to take the test at an alternate time. Moreover, students who arrive late to an exam will only be allowed to take it if they arrive before the first student finishes and leaves the room. After that point, requests to take exams will be declined unless they are consistent with the makeup policy. Exams will not be comprehensive. Final exams will be given on the date scheduled by the Registrar's office, without exception.

Writing Assignments. There will be four writing assignments posted on Canvas during the semester—Students will be asked to complete TWO of the four assignments. Assignments may be a journal article summary or a reflection and application of the theory. These summaries are to be written in the students' own words and should not contain quotes from the article or other sources. In addition, using the authors' words as one's own constitutes plagiarism—students need to *summarize* with their own words. Assignments should be 1 page (single-spaced) in length (must be less than 700 words to get full credit), thus you should be concise. Papers must be in Microsoft Word or .pdf format. Papers will be turned in by 11:59pm to Canvas on the date indicated below. Late papers will receive a 10% per day penalty.

Attendance. Attendance is expected for this course. As exams include a significant lecture component, it is in students' best interest to attend class. However, it is understandable if a student needs to miss class for illness or quarantine. If a student needs to miss classes for an extended period due to personal or medical concerns (10 or more classes), they should contact the Dean of Students Office at <a href="DOS@uwsp.edu">DOS@uwsp.edu</a> who can work with the student to help them make up work or determine how to continue. If a student stops attending class for an extended period, the instructor will report the absence to the Registrar's office.

## **Final Course Grades:**

Final grades will be determined as follows:

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Α	93%-100%	C+	77%-79%
A-	90%-92%	С	73%-76%
B+	87%-89%	C-	70%-72%
В	83%-86%	D+	67%-69%
B-	80%-82%	D	60%-66%

### **Course Policies**

- Students should arrive to class on time with cell phones turned off and in their backpack/bag/pocket.
  Students found using their phone or having their phone out on their desk will be asked to leave until they are finished. Students should also not have earbuds in their ears.
- Students should read the appropriate chapters in the text <u>before</u> attending class.
- Students should be open-minded to learning new information.

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- Students should demonstrate respect and professionalism toward fellow students and the instructor throughout the course.
- Students should follow all COVID protocols outlined by the university administration.

## **Course Communication**

E-mail will be the official mode of communication for this course. Students should feel free to e-mail me at any point with questions about course content. Students can generally expect a prompt response. (However, e-mails sent past 5pm may not be read until the business next day.) When e-mailing, please put "PSY 260" in the subject line to prevent being sorted into Junk Mail by the e-mail filter.

#### Withdrawal from Courses

See Registration and Records for more information and dates for withdrawing from courses this term: https://www.uwsp.edu/regrec/Pages/default.aspx

## **Academic Dishonesty**

Academic dishonesty of any form (i.e., cheating, plagiarism, etc.) will not be tolerated. If a student is participating in any dishonest behavior, they will receive a "0" for the assignment or exam. It is important to uphold the academic integrity of this institution. Additional information about the consequences of academic dishonesty can be found here: <a href="http://www.uwsp.edu/dos/Pages/Academic-Misconduct.aspx">http://www.uwsp.edu/dos/Pages/Academic-Misconduct.aspx</a>. Please consult this website if you have any questions or concerns about academic plagiarism: <a href="http://library.uwsp.edu/guides/vrd/plagiarism.htm">http://library.uwsp.edu/guides/vrd/plagiarism.htm</a>

# **Students with Disabilities**

Students with disabilities will be appropriately accommodated. Please see Disability Services (<a href="http://www.uwsp.edu/disability/Pages/default.aspx">http://www.uwsp.edu/disability/Pages/default.aspx</a>) for further information and contact me with your form within the first two weeks of class.

## **Student Rights and Responsibilities**

UWSP values a safe, honest, respectful, and inviting learning environment. In order to ensure that each student has the opportunity to succeed, a set of expectations has been developed for both students and professors (see <a href="https://www.uwsp.edu/stuaffairs/Documents/RightsRespons/rightsCommBillRights.pdf">https://www.uwsp.edu/stuaffairs/Documents/RightsRespons/rightsCommBillRights.pdf</a>). All students are expected to be familiar with and to abide by these expectations.

### **Mandatory reporting**

Under several federal and state laws, and according to several university guidelines, I am required to report acts of a criminal or offensive nature. This includes acts of sexual harassment and assault, bias and hate crimes, illicit drug use, and acts of violence. Any disclosure or description of these incidents – both current and in the past – may be reported to the Dean of Students office (<a href="http://www.uwsp.edu/dos/">http://www.uwsp.edu/dos/</a>) or the local authorities. Due to recent legislation, if any disclosure of unreported neglect or abuse of a child, elder, or

disabled individual is made to a University instructor, he or she is required to report such information to the appropriate administrative or law enforcement officials. This includes instances of sexual assault of an adult.

### **Use of Electronic Devices**

Electronic Devices are not to be used during class time if they are distracting those around them. Any student found distracting others or the instructor with their use of electronic devices will be asked to put said device away or leave the classroom. Students may not photograph, videotape, or audio record the instructor without the express permission of the instructor. To maintain the integrity of in-class exams, the use of electronic devices will not be permitted during exams without prior documented approval from the Disability Services office or other pertinent offices on campus. This includes, but is not limited to, requests to use cellular or wireless network-enabled mobile devices for foreign language translation assistance. Students who are found using these devices will be dismissed and receive a zero for their exams. Other penalties will be considered under the misconduct policy.

# **Emergency Procedures**

In the event of a medical emergency call 911 or use Red Emergency Phone (List Location). Offer assistance if trained and willing to do so. Guide Emergency Responders to victim. In the event of a tornado warning, proceed to the lowest level interior room without window.). See

www.uwsp.edu/rmgt/Pages/em/procedures/other/floor-plans.aspx for floor plans showing severe weather shelters on campus. Avoid wide-span rooms and buildings. In the event of a fire alarm, evacuate the building in a calm manner. Meet at the HEC Center. Notify instructor or emergency command personnel of any missing individuals. Active Shooter – Run/Escape, Hide, Fight. If trapped hide, lock doors, turn off lights, spread out and remain quiet. Follow instructions of Emergency Responders. See UW-Stevens Point Emergency Management Plan at www.uwsp.edu/rmgt for details on all emergency response at UW-Stevens Point

### **COVID-19 Policies**

Currently, on UW-Stevens Point campuses, field stations and the aquaculture facility, everyone is required to wear a face covering. Face coverings are required indoors in public spaces, including classrooms, laboratories, studios and other instructional spaces, and outdoors when physical distancing is difficult to maintain. Limited exceptions for specialized academic instruction must be approved by the provost. A face covering is not required when working alone in an office but must be worn when others are present. Face coverings are not required in residence hall rooms unless the students assigned to a room are joined by other students. Students are asked to stay home from classes if they are feeling unwell and to get tested for COVID-19 if exhibiting symptoms.

### **Resources for students:**

- Tutoring-Learning Center: <a href="http://www.uwsp.edu/tlc/">http://www.uwsp.edu/tlc/</a>
  - --Excellent resource for students who are in need of a little extra assistance.
- Counseling Center: <a href="http://www.uwsp.edu/counseling/Pages/default.aspx">http://www.uwsp.edu/counseling/Pages/default.aspx</a>
  - --Provides assistance for students for a number of issues including personal and academic concerns (including Time Management!)
- Psychology Club: <a href="http://www.uwsp.edu/psych/Pages/stuOrgs.aspx">http://www.uwsp.edu/psych/Pages/stuOrgs.aspx</a>
  - --Presentations, workshops, and meetings around the study of psychology
- Psi Chi: http://www.uwsp.edu/psych/Pages/stuOrgs.aspx
  - -National Psychology Honor Society
- Peer Mentoring: http://www.uwsp.edu/psych/Pages/stuOrgs.aspx

--Mentoring program for psychology majors

Date	Topic Topic	Readings/Assignment Deadlines
Sept. 3	Syllabus	
Sept. 8	Theories and Themes	Chapter 1,
Sept. 10	Theories and Themes	(Quiz 1 over Chapter 1)
Sept. 13	Research Methods	
Sept. 15	Research Methods	
Sept. 17	Genetics/Prenatal Development	Chapter 2, Quiz 2
Sept. 20	Prenatal Development	
Sept. 22	Prenatal Development	
Sept. 24	Brain Development, Reflexes	Chapter 3, Quiz 3
Sept. 27	Visual and Auditory Perception	ARTICLE SUMMARY DUE
Sept. 29	Visual and Auditory Perception	Chapter 5, Quiz 4
Oct. 1	**EXAM 1 (Chapters 1, 2, 3, & 5)**	
Oct. 4	Piaget's Theory of Cognitive Dev.	Chapter 6
Oct. 6	Piaget (cont.)	
Oct. 8	Piaget (cont.)	Quiz 5
Oct. 11	Vygotsky	
Oct. 13	Cognitive Development	Chapter 7
Oct. 15	Cognitive Development	Quiz 6
Oct. 18	Cognitive Development	ARTICLE SUMMARY DUE
Oct. 20	Language Development	Chapter 9
Oct. 22	Language Development	Quiz 7
Oct. 25	Language Development	
Oct. 27	**EXAM II (Chapters 6, 7, & 9)**	

Oct. 29	Emotions, Temperament	Chapter 10, Quiz 8
Nov. 1	Attachment	
Nov. 3	Attachment	
Nov. 5	Self and Identity	Chapter 11, Quiz 9
Nov. 8	Identity	
Nov. 10	Gender Development	Chapter 12,
Nov. 12	Gender Development	Quiz 10, IDENTITY DEV. PAPER
Nov. 15	Gender Development	
Nov. 17	**EXAM III (Chapters 10, 11, & 12)**	
Nov. 19	Bronfenbrenner	
Nov. 22	Parenting and Families	Chapter 14, Quiz 11
Nov. 24	Parenting and Families	
Nov. 29	Parenting and Families	
Dec. 1	Peers	Chapter 15, Quiz 12
Dec. 3	Peers	ARTICLE SUMMARY DUE
Dec. 6	Peers	
Dec. 8	Death and Dying	Chapter 17, Quiz 13
Dec. 10	Death and Dying	
Final Exam 12/14 12:30pm	**EXAM IV (Ch. 14, 15, & 17 + Bronfenbrenner)**	

# **Recommended Readings (not required)**

- Einstein Never Used Flash Cards: How Our Children Really Learn-- And Why They Need to Play More and Memorize Less. By: Hirsh-Pasek, Golinkoff, & Eyer. Rodale Books.
- The Scientist in the Crib: What Early Learning Tells Us About the Mind. By: Gopnik, Meltzoff, & Kuhl. Harper Publishers.
- Baby Signs: How to Talk with Your Baby Before Your Baby Can Talk. By: Acredolo, Goodwyn, & Abrams. McGraw-Hill.
- Love at GOON Park. By: Blum. Basic Books. (Harry Harlow Biography)
- Handbook of the Psychology of Aging, Seventh Edition. Edited by : Schaie & Willis. Academic Press.
- Parenting Beyond Pink and Blue. Christia Spears Brown. Ten Speed Press.

# Volunteer Opportunities in the Community Related to DP for those who are interested

- Central Wisconsin Children's Museum: http://www.cwchildrensmuseum.org/Volunteer.html
- Boys and Girls Club: http://www.bgclubpc.org/page114235.aspx
- Ministry Health Care Hospice Program http://ministryhealth.org/MinistryHealth/Services/HomeCareServices/VolunteerOpportunities.nws
- Service Information from UWSP: http://www4.uwsp.edu/centers/sieo/volunteerism/
- United Way Portage County Volunteer site: www.volunteersrock.org/
- Big Brothers and Big Sisters of Central Wisconsin: http://www.bigimpact.org/
- Family Crisis Center: http://www.capserv.org/crisis center.html
- Aging and Disability Resource Center: <a href="http://www.co.portage.wi.us/adrc/OurLocation.html">http://www.co.portage.wi.us/adrc/OurLocation.html</a>